



- **Serious skin conditions (frequency not known):**  
blistering of the skin and rapid deterioration of your general condition, erosion (including slight bleeding) of eyes, nose, mouth/lips or genitals (Stevens-Johnson-Syndrome, Lyell-Syndrome, Erythema multiforme) and sensitivity to light.
  - **Other serious conditions (frequency not known):**  
yellowing of the skin or whites of the eyes (severe damage to liver cells, jaundice) or fever, rash, and enlarged kidneys sometimes with painful urination and lower back pain (serious inflammation of the kidneys).
- Other side effects are:
- **Common** (affects 1 to 10 users in 100)  
benign polyps in the stomach.
  - **Uncommon** (may affect up to 1 in 100 people)  
headache; dizziness; diarrhoea; feeling sick, vomiting; bloating and flatulence (wind); constipation; dry mouth; abdominal pain and discomfort; skin rash, exanthema, eruption; itching; feeling weak, exhausted or generally unwell; sleep disorders.  
Taking a proton pump inhibitor like Pantup 20 mg, especially over a period of more than one year, may slightly increase your risk of fracture in the hip, wrist or spine. Tell your doctor if you have osteoporosis or if you are taking corticosteroids (which can increase the risk of osteoporosis).
  - **Rare** (may affect up to 1 in 1,000 people)  
distortion or complete lack of the sense of taste; disturbances in vision such as blurred vision; hives; pain in the joints; muscle pains; weight changes; raised body temperature; high fever; swelling of the extremities (peripheral oedema); allergic reactions; depression; breast enlargement in males.
  - **Very Rare** (may affect up to 1 in 10,000 people)  
disorientation.
  - **Not known** (frequency cannot be estimated from the available data)  
Hallucination, confusion (especially in patients with a history of these symptoms); decreased sodium level in blood; rash, possibly with pain in the joints.

If you are on pantoprazole for more than three months it is possible that the levels of magnesium in your blood may fall. Low levels of magnesium can be seen as fatigue, involuntary muscle contractions, disorientation, convulsions, dizziness, increased heart rate. If you get any of these symptoms, please tell your doctor promptly. Low levels of magnesium can also lead to a reduction in potassium or calcium levels in the blood. Your doctor may decide to perform regular blood tests to monitor your levels of magnesium.

**Side effects identified through blood tests:**

- **Uncommon** (may affect up to 1 in 100 people)  
an increase in liver enzymes.
- **Rare** (may affect up to 1 in 1,000 people)  
an increase in bilirubin; increased fats in the blood; sharp drop in circulating granular white blood cells, associated with high fever.
- **Very Rare** (may affect up to 1 in 10,000 people)  
a reduction in the number of blood platelets, which may cause you to bleed or bruise more than normal; a reduction in the number of white blood cells, which may lead to more frequent infections; coexisting abnormal reduction in the number of red and white blood cells, as well as platelets.

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: [www.hpra.ie](http://www.hpra.ie); E-mail: [medsafety@hpra.ie](mailto:medsafety@hpra.ie). By reporting side effects you can help provide more information on the safety of this medicine.

**5 How to store Pantup 20 mg**

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date, which is stated on the carton and blister or bottle after “EXP”. The expiry date refers to the last day of that month.

Do not store above 25°C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

**6 Contents of the pack and other information**

**What Pantup 20 mg contains**

Pantup 20 mg is available as gastro-resistant tablets.

- The active substance is pantoprazole. Each tablet contains 20 mg of pantoprazole in active substance (as pantoprazole sodium sesquihydrate).
- The other ingredients are:

Core:

Mannitol, microcrystalline cellulose, pregelatinized starch (maize), sodium glycolate starch (Type A), anhydrous sodium carbonate, calcium stearate.

Isolating coating:

Hypromellose, propyleneglycol, titanium dioxide (E171), yellow iron oxide (E172).

Enteric coating:

Methacrylic acid ethyl acrylate copolymer, polysorbate 80, sodium laurilsulfate, triethyl citrate.

**What Pantup 20 mg looks like and contents of the pack**

Pantup 20 mg are gastro-resistant tablets. They are pale yellow to yellowish, oblong and convex.

Pantup 20 mg is available in packages with 7, 14 and 28 tablets.

Not all pack sizes may be marketed.

**Marketing Authorisation Holder and Manufacturers  
Marketing Authorisation Holder**

Rowa Pharmaceuticals Ltd.,  
Bantry,  
Co Cork,  
Ireland.

**Manufacturers**

Atlantic Pharma – Produções Farmacêuticas, S.A.  
Rua da Tapada Grande, n.º 2, Abrunheira, 2710-089  
Sintra, Portugal.

West Pharma – Produções de Especialidades  
Farmacêuticas, S.A.  
Rua João de Deus, n.º 11, Venda Nova, 2700-486  
Amadora, Portugal.

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